#### **BECOME A VOLUNTEER!**

#### YOU CAN MAKE A DIFFERENCE!

- **Elder Abuse and Consumer** Fraud Prevention
- GeorgiaCares
- Georgia Council on Aging
- Long Term Care Ombudsman
- **Nutrition and Delivery of Meals**
- Wellness
- Supportive Services and Senior Centers
- Other special projects

WHAT YOU CAN GET OUT OF **VOLUNTEERING:** 

- Meet people
- Learn skills
- Help people who need it
- Get a reference
- Build or improve your resume
- Flexible hours
- Volunteer in your community
- Explore a variety of opportunities for a variety of needs

## Reaching out to Older Georgians

Division of Aging Services Attn: Sheila Phillips Two Peachtree St., N.W. Suite 9.398 Atlanta, Georgia 30303-3142

Email: slphillips@dhr.ga.gov http://aging.dhr.georgia.gov

To locate aging services outside of Georgia call the toll free National Elder Care Locator at 800-677-1116.

To locate aging services in Georgia call 866-55AGING.

Last revision: August 2009

# **Reaching out to Older**



- **VOLUNTEERING?**
- **INTERNSHIP OPPORTUNITIES?**
- SERVICE LEARNING **HOURS?**



**Services** 

#### DIVISION OF AGING SERVICES

The federal Administration on Aging awards Older Americans Act funds to the Georgia Department of Human Services Division of Aging Services (DAS). The funds are for supportive home and community based services. In addition to funding critical nutrition and supportive services, the funds are for elder rights programs, including the Long-Term Care Ombudsman Program, legal services, outreach, and elder abuse prevention efforts. The Division designated 12 planning and service areas called Area Agencies on Aging (AAA). The Division and the AAAs tailor programs to meet the specific needs of older persons residing in those areas.

#### **VOLUNTEER AND INTERNSHIP OPPORTUNITES WITH THE** AREA AGENCIES ON AGING

The 12 Area Agencies on Aging (AAA) are the gateway to community resources for older adults to find housing, attend senior centers, receive home-delivered meals, locate and attend adult day care, get information on Medicare, Medicaid and prescription assistance programs and more. Placement opportunities exist at the local AAA depending on the type of projects, the work available, the interests, and qualifications of the individual.

SENIOR CENTER PROGRAMS

**Atlanta Regional Commission** 

Central Savannah River Area

ADULT DAY CARE

Contact: Kristie Sharp

Contact: Lauren Spivey

888-922-4464

Wilkes

800-580-6860

Legacy Link

800-845-5465

Wilkinson

Coastal Georgia

**Heart of Georgia** 

Contact: Kathy Keith

Wayne, Wheeler, Wilcox

Contact: Dorothy Suchke

Towns, Union, White

Contact: Loreatha Jenkins

TELEPHONE REASSURANCE



404-463-0437

706-210-2000 ext. 168 or

912-262-2843 or

888-367-3648

770-538-2650 or

478-751-6489 or

Counties served: Cherokee, Clayton, Cobb, Dekalb,

Douglas, Fayette, Fulton, Gwinnett, Henry, Rockdale

Richmond, Screven, Taliaferro, Warren, Washington,

Counties served: Burke, Columbia, Glascock,

Hancock, Jefferson, Jenkins, Lincoln, McDuffie,

Counties served: Bryan, Bulloch, Camden, Chatham,

Counties served: Appling, Bleckley, Candler, Dodge,

Montgomery, Tattnall, Telfair, Toombs, Treutlen,

Counties served: Banks, Dawson, Forsyth, Franklin,

Habersham, Hall, Hart, Lumpkin, Rabun, Stephens,

Counties served: Baldwin, Bibb, Crawford, Houston,

Iones, Monroe, Peach, Pulaski, Putnam, Twiggs,

Emanual, Evans, Jeff Davis, Johnson, Laurens,

Effingham, Glynn, Liberty, Long, McIntosh



- MEALS ON WHEELS DELIVERY
  - FRIENDLY VISITING **HEALTH PROMOTION ACTIVTIES**





#### Northeast Georgia

Contact: Peggy Jenkins 706-369-5650 or

800-474-7540

Counties served: Barrow, Clarke, Elbert, Greene, lackson, Jasper, Madison, Morgan, Newton, Oconee, Oglethorpe, Walton

#### Northwest Georgia

Contact: Kerry DeFoe 800-759-2963 Counties served: Bartow, Catoosa, Chattooga, Dade, Fannin, Floyd, Gilmer, Gordon, Murray, Paulding, Pickens, Polk, Walker, Whitfield

#### River Valley

Contact: Tiffany Ingram 706-256-2910 or 800-249-7468

Counties served: Chattahoochee, Clay, Crisp, Dooley, Harris, Macon, Marion, Muscogee, Quitman, Randolph, Schley, Stewart, Sumter, Talbot, Taylor, Webster

#### Southern Georgia

Contact: Wanda Taft 912-287-5888 or 888-732-4464 Counties served: Atkinson, Bacon, Ben Hill, Berrien. Brantley, Brooks, Charlton, Clinch, Coffee, Cook, Echols, Irwin, Lanier, Lowndes, Pierce, Tift, Turner, Ware

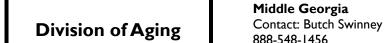
#### Southwest Georgia

Contact: Anne Bragg 229-432-1131 or 800-282-6612 Counties served: Baker, Calhoun, Colquitt, Decatur, Dougherty, Early, Grady, Lee, Miller, Mitchell, Seminole, Terrell, Thomas, Worth

#### **Three Rivers Southern Crescent**

Contact: David Busch 678-552-2838 or 866-854-5652 Counties served: Butts, Carroll, Coweta, Heard, Lamar, Meriwether, Pike, Spalding, Troup, Upson





# DIVISION OF AGING SERVICES

The Division welcomes interns and volunteers with special talents, such as excellent research skills or professional-level writing experience.

Internship projects vary in frequency and according to need, by section and supervisor.

#### **DESIRED QUALIFICATIONS:**

- Proficiency in common computer software such as Microsoft Word and Excel
- Interests and skills that complement and add value to the project
- Good writing skills

#### **GENERAL DUTIES:**

- \* Analysis
- \* Research

#### **COMPENSATION:**

- Internships with the Division of Aging Services provide opportunities for growth and development.
- \* Internships are not paid positions.

#### FOR MORE INFORMATION:

For more information regarding the Division of Aging Services and a listing of programs at the Division, visit http://aging.dhr.georgia.gov/portal/site/.

To discuss possible internship placement opportunities, call Sheila Phillips at 404-657-5253.

# GENERAL VOLUNTEER OPPORTUNITIES

### ELDER ABUSE AND CONSUMER FRAUD PREVENTION

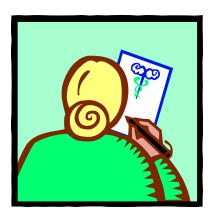
Elder Abuse and Consumer Fraud Prevention provides community education and professional training on elder abuse, neglect and exploitation (including financial exploitation). Education is also provided on consumer fraud that affects the elderly such as telemarketing fraud, home repair fraud and identity theft.

#### **GENERAL DUTIES:**

- Educate seniors and professionals.
- Develop educational or public awareness materials.

#### **FOR MORE INFORMATION:**

Please call Jennifer Hogan at 404-657-5298.



# VOLUNTEER OPPORTUNITIES REQUIRING SPECIFIC TRAINING

#### **GEORGIACARES**

GeorgiaCares helps people with Medicare understand their choices and get the most out of your healthcare benefits. This program is the State Health Insurance Assistance Program (SHIP) and SMP. GeorgiaCares provides individual one-on-one counseling, community education and outreach about:

- \* Original Medicare
- \* Medicare Supplement Insurance
- Medicare Advantage Plans
- Medicare Prescription Drug Plans
- \* Medicare Appeals and Grievances
- \* Healthcare Rights and Protections
- \* Financial Assistance Programs
- Long Term Care Insurance
- Georgia Long Term Care Partnership
- Prescription Assistance
- Healthcare Fraud
- Consumer Protection

#### **TYPES OF VOLUNTEERS**

GeorgiaCares' volunteer program is called *PEACH* Pals. An individual can volunteer to be a *Partner*, *Educator*, *Administrator*, *Counselor* or *Hero*. It is a requirement that *PEACH* Pals commit at least 4 hours per month for at least six months to the GeorgiaCares Program.

#### FOR MORE INFORMATION:

Please call 800-669-8387.



### LONG-TERM CARE OMBUDSMAN PROGRAM

A Long-Term Care Ombudsman seeks to improve the quality of life of residents of nursing homes and personal care homes.

#### **SPECIFIC VOLUNTEER DUTIES:**

- \* Visit residents; identify complaints and concerns.
- Monitor facilities for residents' rights issues as well as for resident care and staffing concerns, while maintaining confidentiality.
- \* Identify issues, complaints and concerns that should be referred to a Staff Ombudsman.
- Encourage self-advocacy and interaction among residents and between residents, staff and the community.
- \* Submit monthly report. Attend required training.

#### TYPES OF VOLUNTEER OMBUDSMAN:

Volunteer Visitor: Volunteer Visitors provide essential support to Staff Ombudsmen by visiting residents, identifying problems and making referrals. Training provided at local level.

- \* Certified Volunteer Ombudsman: A Certified Volunteer Ombudsman is authorized to conduct complaint investigations. Training requirements include 24 hours of classroom training, 10 days of documented field visits and passing grades on written and oral exams.
- Note: All volunteer ombudsman positions require a background check.

VOLUNTEERS are also sought for clerical assistance at the state office and many local offices.

#### **INTERNSHIPS:**

Nonpaid internships in our state office in downtown Atlanta may be available to undergraduate and graduate students specializing in an aging or aging-related field. Intern projects may include but are not limited to: public policy, volunteer development, and event planning.

<u>FOR MORE INFORMATION</u> on LTCO Volunteer or Internship Opportunities: Call 888-454-5826 or visit <a href="http://www.georgiaombudsman.org/help.asp">http://www.georgiaombudsman.org/help.asp</a>.



